

Common Categories of Covered OTC Items:

- Allergy and sinus
- Bathroom safety
- Braces and supports
- Cold, cough and flu
- Diabetes OTC
- Digestive health
- Eye and ear care
- Feminine care
- First aid
- Foot care
- Home tests and monitoring
- Incontinence
- Oral Care
- Pain relief and management
- Skin and sun care
- Sleeping and snoring
- Vitamins and supplements

Categories of OTC Items Not Covered:

- Alternative medicines
- Cosmetic items
- Dietary supplements
- Hair products
- Teeth whitening items, some mouthwash

Common Categories of Covered Healthy Food Items:

- Produce (fruits & vegetables)
- Dairy/eggs
- Water/juice/coffee/tea
- Bread/wraps/buns/rolls
- Meat
- Seafood
- Nuts/seeds/dried fruit
- Cooking & baking ingredients

- Granola/granola bars
- Protein bars/shakes/powders
- Dips/spreads/condiments/sauces/salsa/guacamole
- Grains/rice/cereals
- Pasta/noodles
- Soup/broth
- Seasonings/spices
- Tofu/soy/vegetarian products
- Frozen foods (minus appetizers, snacks, ice cream)
- Boxed meals & sides
- Prepared foods
- Muffins & bagels
- Baby food
- Boost/Ensure

Categories of Healthy Food Items Not Covered:

- Desserts (candy, cake, cookies, icecream, etc.)
- Snacks (chips, crackers, popcorn, pretzels, etc.)
- Soda
- Bakery (pies, cakes, cookies, doughnuts, etc.)
- Frozen entertainment foods (appetizers, snacks)
- Baby formula & non-baby food products
- Alcohol
- Tobacco
- In-store coffee shop purchases
- Any non-food items (general merchandise)
- Health and beauty care
- Pharmacy/OTC
- Floral
- Pet supplies
- Other non-edible grocery (paper products, cleaning supplies, laundry supplies, clothing, home decor, etc.)

Locating a Participating Retailer:

You may access the Healthy Benefits Plus web portal link below and use the [Store Finder](#) option to find participating retailers.

[PrimeTime Health Plan:](#)

<https://HealthyBenefitsPlus.com/PTHP>

Also, you can download the Healthy Benefits Plus mobile app and use the [Find a Store](#) option.

Below are some commonly used retailers*

[Chain Retailers](#)

- CVS
- Dollar General
- Giant Eagle/GetGo
- Kroger
- Marc's
- Meijer
- Sam's Club
- Save-A-Lot
- Walgreens
- Walmart
- Walmart.com

[Independent Retailers](#)

- Brewster Family Pharmacy
- Davies Pharmacy
- Heritage Square Pharmacy
- Medicine Center Pharmacy
- Scriptshop Pharmacy
- Zak Super Center

**This is not a complete list and retailers are subject to change.*



SHOP
OVER-THE-COUNTER
AND HEALTHY FOODS
at no cost to you!



Over-The-Counter Products and Healthy Foods at No Additional Cost to You

As part of your benefits, PrimeTime Health Plan gives you credits to buy approved products. Purchase items like toothpaste, vitamins, OTC pain relief medications, fruits, vegetables, and more. They are included in your health plan at no additional cost.

Here’s How It Works:

- 1. Credits are automatically added to your account every three months. Your PrimeTime Health Plan (PTHP) OTC/Healthy Food card is linked to this account.
- 2. To shop, activate your card by calling 1-833-832-7306 or visit HealthyBenefitsPlus.com/PTHP. Use your card to buy approved OTC and/or Healthy Food products.
- 3. Credits expire at the end of each quarter.



Credits added	Credits expire
January 1	March 31
April 1	June 30
July 1	September 30
October 1	December 31

Choose how you shop



- **In-Store.** Use your PTHP OTC/Healthy Food card when you shop at thousands of participating retail stores. Learn more and find approved stores near you by visiting healthybenefitsplus.com/pthp. Download the **Healthy Benefits Plus app** on your phone or tablet to use in-store.
- **Online.** Enjoy the convenience of shopping from home – day or night. Find catalog items, plus hundreds more that will be delivered right to your doorstep. Visit healthybenefitsplus.com/pthp. Download the **Healthy Benefits Plus app** on your phone or tablet.
- **Catalog.** Call **1-866-412-2879** to place your order by phone.

Online or Catalog Ordering Tips:

- There is no dollar minimum on orders.
- You must use your PTHP OTC/Healthy Food card for all purchases.
- You do not pay for shipping when ordering through the catalog or online.
- Tax will be added and count towards your benefit.
- Once your order is processed, standard delivery takes two to four business days, but may vary based on demand.
- Unused credits cannot be redeemed for cash.
- If your account balance does not cover your total, you can still order. You are responsible to pay all costs incurred over the quarterly benefit maximum. A personal debit or credit card is accepted for phone or online orders.
- Items may have quantity limits.
- Prices are subject to change.
- If your item is not in stock, an item of similar or greater value may be shipped in its place.
- **Return policy**
 - Returns or exchanges are not allowed, due to the personal nature of products. Please call the number listed in our catalog within **30 days** of placing your order if:
 - > You haven’t received your order.
 - > You received a defective or damaged item.

In-Store Tips:

- There is no dollar minimum on orders when shopping retail stores.
- Taxes apply at retail stores.
- If your account balance does not cover your total, you can still get the item. You will be responsible for any payment over the allowed amount.
- Use your OTC/Healthy Food debit card when checking out, or if you have the mobile app and set up your account, you can use the digital card in your mobile app.
- To check if an item is covered by your benefit, you can scan the bar code on the product in the Healthy Benefits app and a message will appear to inform you if it is covered.

Checking Out In-Store is as Easy as 1-2-3:

- 1. Cashier will scan items and will select payment type (if needed).
- 2. Cashier will scan your OTC/Healthy Food debit card or the barcode on your mobile app.
- 3. If there is a balance, you will pay the remaining balance and any items not covered by your benefit.

